



**VANCOUVER
ABORIGINAL
FRIENDSHIP
CENTRE
SOCIETY**

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Master Lian Tzi,
President of Lotus Light Charity Society,

The Vancouver Aboriginal Friendship Centre Society would like to express our thanks and gratitude for the kind donation of food to the Recreation Department's meal kit and food hamper program. Our program provides food for youth, children and families who experience food insecurity in East Vancouver. The sizable donation of Fruit Loops, apple sauce packs, apple juice, granola bars, and ketchup will help dozens of individuals and families in need, especially children.

During the pandemic, the Recreation Department and the VAFCS has provided ready-to-make meal kits that include all the necessary ingredients and an easy-to-follow recipe. These meal kits have proven to be very popular with our clients. We also provide food hampers that contain many staple ingredients, such as soup stocks, tomato sauce, flour, cereals, rice, pasta, bread, canned goods, and fresh produce.

In Friendship,

Susan Tatoosh

Executive Director of the Vancouver Aboriginal Friendship Centre Society

**Building
Community
Together**
the United Way



United Way
of the Lower Mainland